

## WEASELSKIN INFORMATION & DIRECTIONS

Directions: Weaselskin Equestrian Center  
12629 Hwy 550 and the  
Athlete Residence:  
Weaselskin Institute  
307 12 Mile RD Durango CO

From Denver it is best to Head south on US-285 S toward CO-112 W (11977 U.S. 285)  
Turn right onto CO-112 W go 13.1 miles on CO 112 and in Del Norte  
Turn right onto US-160 W  
Continue to follow US-160 W for 113 mi over Wolf creek pass and through Pagosa Springs,  
Bayfield, Gem Village  
Turn left onto US-550 S This intersection is just east of Durango.  
Approximately 4 miles on US Hwy 550 there will be a green with white lettering sign for  
SNOWCAP SOD FARM on the right hand (west) side of the hwy turn right at that sign onto a  
dirt lane serving the sod farm and equestrian center. ( please drive slowly)  
Go 1/4 mile down the lane and the white house on the left is the athlete residence - the right is  
the driveway for the equestrian center.

My contact numbers :

Cell : 970-769-0007

Msg: 970-385-4063

Email: [weaselskinl@msn.com](mailto:weaselskinl@msn.com)

## IMPORTANT FORMS

1. Read and sign the attached Liability Release
2. Complete the Emergency Release for Treatment - please add insurance information unless your child carries their own insurance card.
3. Email the completed forms to [weaselskinl@msn.com](mailto:weaselskinl@msn.com) or send it with your child. Campers with a parent arriving and staying can complete forms on the premises.

Cost is \$50 per person per day this includes food and housing.

A check made out to Weaselskin Equestrian Center will be best. No credit card payments. The child can bring the check with them.

Other items:

We will need to pay a \$4.50 entrance fee for swimming at the community rec center at least 4 days/week. Plus additional money for any activities that each camper might want to do in downtime.

Parents arriving and departing after drop off or before pick up may stay at the residence also. We will squeeze. Any healthy bulk food donations will be graciously accepted and we will be using garden produce when available.

Please send along any bedding/bath items if possible. Yes, there are linens at the residence however, if they are used I will need assistance in cleaning and remaking the beds/baths. This is an athlete residence not a hotel and athletes will be responsible for house keeping. There is laundry at the house.

Chaperoning Adult - I will ask that you assist in Dinner preparation for the athletes. Our club members will assist when available. Breakfast will be self serve and lunch will be a group affair. This is not the OTC where we have chefs on staff, maids and dishwashers.

Campers message from Elaine,

All athletes are expected to work, cook, clean. Please do anything Jennifer needs or wants. Be alert. Be proactive.

Arrive to all practices no less than 20 min before start time. Be prepared to prepare. What needs to be done.

Be kind and generous to each other. Love your experience and only say kind supporting complements to each other.

Do not give "constructive criticisms" to each other; Jennifer will take care of all of that for you.

Truly love all aspects of training. Help each other get thru the fatigue. "I am not tired" say it often. "I can do it" say it often. "I love this", say it often.

Most importantly, Thank You, Thank You.

Please bring all your equipment and clothing for the five pentathlon sports, fencing gear, laser pistol and targets if you have them (No extra laser pistols are available but have pellet pistols), swimwear and towel, running equipment, riding gear.

We do have some extra riding equipment pants, helmets, boots. Boot should have a heel and relatively smooth sole.

Besides the riding we will be doing a variety of activities and training discussions, for them to take home and continue to get the most out of their training. Each day will entail normal farm chores, and the campers will be having to maintain their own house keeping etc... but many hands make for light work and when they all pitch in we can finish quickly and get more riding/training and fun in.

There are a few days scattered about the times they are all here that I am obligated to teach archaeology astronomy, etc. workshops for our community youth services. I hope they will be interested in also learning about the amazing world of the southwest but we can find many other ways to occupy their time if Ancient Pueblos or ethno-biology and astronomy are of no interest.

Our club members will also be assisting in down time activities, and/or day off adventures .

Durango is a very wonderful place to be and we plan that the athletes that are staying for a longer time will get off the farm - and out into the Southwest. Personal spending money would be good to have for town outings, raft trip, movie ??? This is a tourist town with lots of goings on and shops.

Why Weaselskin?

The obvious: The athletes will be benefiting from training in the sports in different venues, with different opponents, and learning about riding and horsemanship methods.

The not so obvious: The life/training lessons that differentiates and ultimately makes the top athlete. Weaselskin Equestrian Center and Institute operate professional youth character development workshops and long term programs. I and any of my staff/ visiting co-workers have been screened and are certified with the regional school district, the charter/ alternative schools and the local

youth and human services agencies to work with all ages/levels/abilities of youth in activities that promote well being and character development.

We will be including nutrition discussions; yoga practices; learning and decision making activities; mindfulness activities, and discussion on how to really listen to your coaches!!!!. into each days training and work. Yes work, it is a farm. All athletes and parents are welcome to participate in a few days where I have prior commitments to our community education programs on topics in astronomy, (great dark skies) archaeology/cultural history, ecology/bio-diversity and conservation studies . Other activities will be provided for those not wishing to participate.

Weaselskin is more than just a riding/pentathlon center - we are an education and life center.

Please let us all remember what the inventor of Modern Pentathlon, Baron de Coubertin said he wanted pentathlon to test "a man's moral qualities as much as his physical resources and skills, producing thereby the ideal, complete athlete. The important thing in life is not the triumph but the struggle, the essential thing is not to have conquered but to have fought well. The philosophical ideal for athletic competition: that the competition itself, the struggle to overcome one's opponent, was more important than winning."

There is internet at the residence. There is no TV. There is no land line at the residence - messages can be left at 970-385-4063. My phone for questions and contacts. 970-769-0007.